The Cyql App - Guidelines

Cyql was chosen by SCC to provide a dedicated means of managing all club rides. It provides a means of scheduling rides in one place; members can indicate their attendance or otherwise on rides and there is a dedicated comments section alongside each ride. All routes are added to a searchable route library and are available to all members to use personally or for other club rides. Cyql also provides a link within the SCC website giving visibility of our rides to both members and non-members, showing how active we are as a club and hopefully encouraging new members.

Participating in Cyql rides

All paid up members of SCC will be given access to the Cyql app.

The rides can be viewed and sorted by date and various other criteria so members can find rides to suit.

Each ride allows members to confirm their participation so ride leaders can plan groups and café stops as necessary. An 'interested' option is there for anyone unable to commit straight away or keeping an eye on the weather. We ask all members to confirm attendance as early as possible so that café stops can be planned and booked. It is not necessary to use the 'not going' option unless you had previously signed up for the ride and are subsequently unable to attend.

Core Club Rides

The club currently has a core of regular weekly rides as follows:

Saturday Morning (09.30)

Duration 4-5 hours with a halfway café stop. A non-drop social group ride easing pace and regrouping as needed. Depending on the numbers attending, the ride may be split into groups of similar pace to minimise stops and starts. The ride will comply with SCC Ride Guidelines.

Shortened route options may be derived from the route posted below. These suggestions can be noted in the comments to see if of interest to other riders. Alternative routes may be posted by any member wanting to lead a shorter or less challenging route.

Please make sure you click onto the event if you intend to ride, as this has an impact on group numbers and the cafe booking.

Sunday Morning (10.00)

Duration 2-3 hours with a halfway café stop. A non-drop social group ride easing pace and regrouping as needed. Depending on the numbers attending, the ride may be split into groups of similar pace to minimise stops and starts. The ride will comply with SCC Ride Guidelines.

Monday Morning (10.00)

Duration 2-4 hours with a halfway café stop. A non-drop social group ride easing pace and regrouping as needed. Depending on the numbers attending, the ride may be split into groups of similar pace to minimise stops and starts. The ride will comply with SCC Ride Guidelines.

Monday Evening (18.30)

Duration 2-3 hours. A non-drop social group ride easing pace and regrouping as needed. Depending on the numbers attending, the ride may be split into groups of similar pace to minimise stops and starts. The ride will comply with SCC Ride Guidelines.

Monday Evening Circuit Training (17.00)

Duration 2-3 hours. We have access to the Steven Burke Sports Hub Cycling Circuit to allow training at pace and practicing of group riding skills in 'closed road' type conditions. Located in Barrowford BB9 8PU.

The circuit is booked officially for 2 hours from 5pm but there is no regular booking currently after 19.00 so it may be possible to use the track later for those coming from work. These rides are being organised by Chris Marks so please book on if going so we can arrange access plus floodlights if required

Wednesday Morning (09.30)

Duration 4-5 hours with a halfway café stop. A non-drop social group ride easing pace and regrouping as needed. Depending on the numbers attending, the ride may be split into groups of similar pace to minimise stops and starts. The ride will comply with SCC Ride Guidelines.

Shortened route options may be derived from the route posted below. These suggestions can be noted in the comments to see if of interest to other riders.

Please make sure you click onto the event if you intend to ride, as this has an impact on group numbers and the cafe booking.

Wednesday Evening (18.30)

Duration 2-3 hours. A non-drop social group ride easing pace and regrouping as needed. Depending on the numbers attending, the ride may be split into groups of similar pace to minimise stops and starts. The ride will comply with SCC Ride Guidelines.

Thursday Evening (18.30) – Ladies Ride

Duration 2-3 hours. A non-drop social group ride easing pace and regrouping as needed. Depending on the numbers attending, the ride may be split into groups of similar pace to minimise stops and starts. The ride will comply with SCC Ride Guidelines.

Special Events & Awaydays

The club also posts occasional special events and one-off rides on the Cyql app.

All the above rides are posted on Cyql as club rides and are available for all members to join and comment on as necessary. In the situation where a member does not plan to ride the entire route posted, this can be noted in the comments section to allow other likeminded members to join them.

Each of the above recurring rides is allocated a Ride Organiser who is responsible for planning the rides and routes as well as being the default ride leader unless that task is otherwise delegated.

Posting of Core Club rides

- Ride Organiser is responsible for the posting and planning of recurring rides.
- We should aim for consistency in the description and formatting of each ride, avoiding the inclusion of terms such as: 'Weekday', 'Social', 'Evening' etc in the ride titles as these are carried into the route library by default.

- Tags associated with each ride: 'Weekday', 'Time of day', 'Special Event' are used to allow app users to sort and differentiate between rides.
- Any updating, revising, rescheduling, cancelling or deleting of the ride is the responsibility of the ride organiser or ride leader.
- All rides on Cyql to be posted as 'non-public' by default.

Posting of Additional Club rides

One of the reasons for SCC for choosing Cyql was its capacity to allow members to post their own rides and let other members join them if they wish.

We encourage all members to use the app and to post their own rides so that we can maximise the riding opportunities for all members:

- This might apply where a member may prefer to do a longer or shorter ride than the official route on the day and thus allows freedom of choice to all members.
- Favourite routes can be shared with the membership.
- Can be used to find training partners if you are planning a big event or simply trying to improve fitness.

Anyone posting a ride becomes the de-facto ride leader, any updating, revising, rescheduling, cancelling or deleting of the ride is the responsibility of the ride organiser or ride leader.

Members creating rides in Cyql should ensure that the 'Publish as a club ride' option is selected when posting.

British Cycling & Ride Leaders

If you lead or post a ride as a member of Skipton Cycling Club our affiliation with British Cycling provides indemnity cover to you as the ride leader.

To ensure any ride is covered, British Cycling simply require:

- Rides to be risk assessed (not every individual route but an assessment for each different activity – EG. Road, off road or track). - Per the SCC risk assessments.

- The organiser/ride leader is recognised as doing that role by your club committee (the organiser/leader would then be recognised as a 'nominated official' for insurance purposes). – All members can post rides on Cyql provided club guidelines are followed.

- First aid cover on the ride – whilst not mandatory, we strongly recommend that a minimum of 1 rider on each ride has an approved first aid qualification.

- All riders understand the standard risk of riding on the road, are competent to do so and agree to conforming to SCC club run etiquette and guidelines.